

## Day 2

“I therefore ask God our Lord to grant us to know and experience his most holy will and, once we have experienced it, great strength and much grace to fulfil it with charity in this life.”

*Letter to the Jesuits at Rome from Cochin in India  
27<sup>th</sup> January 1545*

### *Reflection*

- What does God ask of me in my day-to-day life?
- Ask God for the strength to do and to be this.
- Who or what do I find it most difficult to be charitable towards, even to love?

### *Prayer*

**Father,  
each day  
you show me the love of a parent  
for its child:  
watchful of my every step,  
eager for me to thrive;  
you delight in my happiness  
and console me in my sadness.  
May the constant love  
in which you enfold me  
give me the confidence  
to show that same love  
to friend and foe,  
family and stranger, alike.  
Through Christ our Lord.  
Amen.**