

## Day 8

“O my God, almighty and merciful Father, creator of all things of the world: I firmly believe in you, my God and Lord, since you are my entire good. You, Lord, created me and you have given me body and soul and all that I have. And you, my God, have made me in your likeness. Thanks be to God!”

*From the Short Catechism written by St Francis Xavier  
for the people of Goa in India, May 1542*

### *Reflection*

- Take time to consider the gifts God has given you.
- Count the blessings he has poured out on you, today, and over the course of your life.
- Give thanks!

### *Prayer*

**Father,  
you are entire goodness  
and you are goodness for me.  
Creator of all things,  
who hold all things in being for me,  
give me faith in you  
and in myself,  
your creation.  
Amen.**